

A single item
for hair, scalp and skin

How to Use Oshima Tsubaki Oil

It is 100% camellia oil, Oshima Tsubaki Oil can be used in so many ways



On hair

Leave-in Treatment

helps protect hair
from split ends and
makes hair manageable

After shampoo

Frequency Every day

Amount Short: 1 drop or less

Mid-length: 1-2 drops

Long: 2-3 drops



Take the oil, one drop at a time, on the palm of your hand. Start with a small amount that almost seems too little, as too much oil can make the hair feel heavy. The appropriate amount differs according to hair type.

① After shampoo, towel-dry your hair.

② Take one drop of Oshima Tsubaki Oil on the palm of your hand and rub your hands together.



Tip 1 Start with 1 drop. A small amount is enough to be effective.

Tip 2 Spread the oil on the palms of your hands, fingertips, and between the fingers.

③ Comb your hands through your hair to apply a light layer overall.

Tip 3 Make sure you comb your hands through your hair. Do not concentrate the oil on one area.

Hint for applying effectively

■ Comb your hands from the inside of your hair, starting from mid-point and working downwards. Then comb your hands on the outside of your hair, focusing on the hair ends.

■ At the end, smooth down the top of your head to apply the oil that remains on your hands.

④ Blow-dry your hair.

* Evaluate the condition of your hair after blow-drying to adjust the amount of oil to use.

For hair that needs taming

Styling

to achieve moist, lustrous hair

Frequency Every day

Amount 1 drop or more



Take the oil, one drop at a time, on the palm of your hand. Start with a small amount that almost seems too little. Too much oil can make the hair feel heavy. The appropriate amount differs according to hair type.

See ② and ③ of "Leave-in Treatment" for tips.

① Take 1 drop of Oshima Tsubaki Oil on the palm of your hand and rub your hands together.

② Comb your hands through your hair to apply a light layer overall.

* Start with the ends of the hair.

③ Style your hair with a brush, etc.



On the scalp

Daily treatment for healthy scalp and hair

Scalp Care

to create an environment
for healthy hair

Before shampoo

Frequency Every day to once a week

Amount 5-10 mL (approx. 1-2 tsp)

Daily scalp treatment is recommended for helping your scalp and hair appear healthier.

It is convenient to pour the amount you will use into a small plate. Do not put the oil back into the container once you pour it out.

① Before shampoo, take Oshima

Tsubaki Oil on your fingertips and use the pads of your fingers to blend evenly into your dry scalp.



Tip Be sure to apply the oil on the scalp, not the hair. Do not apply too much pressure, but spread gently so sufficient oil reaches all areas of the scalp.

② Let sit for about 5 minutes.

③ Rinse your hair and scalp well with tepid water.

④ Carefully wash your scalp with shampoo.

* If the shampoo does not lather well, use a little more shampoo. Carefully wash the inside of your hair also.

* You only need to shampoo once. However, you can shampoo twice if you feel your hair needs to be cleansed better.

* You may use conditioner and treatment on your hair.

⑤ Blow-dry your hair.

How to spread on the scalp

① Hairline



Spread front to back.

② Top of the head



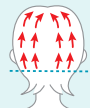
Spread from the side upwards.

③ Right and left sides



Part the hair and work from bottom upwards. Repeat several times.

④ Back of the head



Part the hair and work from bottom upwards. Do the same on the hairline at the nape.

⑤ Overall scalp



Slide your fingertips along the scalp to spread the oil evenly.

On Skin

Everyday facial care

Cleansing

to gently
wash off makeup

Frequency Every day

Amount 10-12 drops

Adjust the amount according to your skin's condition.

① With dry hands, take Oshima Tsubaki Oil on the palms of your hands and spread all over the face.

* Do not wet your hands or face before using. If they are wet, dry them first.

② Blend the oil with makeup by working in circles, starting at the inner corner of your eyes.

* For eye makeup that does not come off easily, add a little more oil and gently blend again.

③ Wipe off the oil with a tissue.

* Do not apply too much pressure on the skin.

④ Wash with face wash, rinse off, and apply your regular skincare.



Skincare after bathing

Body Treatment

to achieve moist,
soft skin

After bathing

Frequency Every day

Amount Appropriate amount

① Take an appropriate amount of Oshima Tsubaki Oil on the palms of your hands.

② Gently blend into areas of your face and body that are particularly dry. Apply on the elbows, knees, and heels every day, as these become dry easily.

* We recommend applying immediately after bathing.

Camellia oil blends naturally on the skin because it contains an abundance of a substance also found in sebum. It is perfect for preserving moisture in the skin, as it is moisturizing, protective, and highly stable against oxidation.

Oil Pack to achieve moist, soft skin

After face wash

Frequency Every day to once a week

Amount 5-6 drops

Adjust the amount according to your skin's condition.

① Take Oshima Tsubaki Oil on the palms of your dry hands, and spread all over your face.

* Do not wet your hands or face before using. If they are wet, dry them first.

② Let sit for 5-10 minutes.

③ Wipe off the oil with a tissue, then wash with face wash.

* Do not apply too much pressure on the skin.



Caution

- Do not use on damaged skin such as cuts, swelling or rashes.
- Please carefully observe the skin's condition to make sure the oil causes no irritation.
- If the product causes redness, swelling, itchiness, stimulation, bleaching (vitiligo, etc.), darkening, or other irritation, stop use and consult a dermatologist.
- Do not use in the eyes. If the product gets in the eyes and causes irritation, please consult a specialist.
- Because it is a naturally derived substance, there may be variations in shade. This does not affect the quality of the product.
- In cool temperatures, the product may freeze or become cloudy. To return it to its normal state, immerse the bottle in warm water (40°C or less), making sure the top is securely tightened to prevent water from entering the bottle.
- Please store in the box to preserve the quality.
- Be careful if you spill the product, as it can cause the floor to become slippery.
- When using, do not let the mouth of the bottle touch your skin, and do not put back oil that has been taken out of the bottle.
- After use, tighten the top securely.
- Be careful not to break the bottle.
- Do not store in a place accessible to infants.
- Do not store in excessively hot or cold temperatures, or in direct sunlight.