

A single item
for hair, scalp and face

How to Use Oshima Tsubaki Oil [Manual]

Because it is 100% camellia oil, Oshima Tsubaki Oil can be used in so many ways



On hair

Point care for damaged areas such as hair ends

No-wash Treatment

to achieve sleek hair
with no split ends

After shampoo

Frequency Every day

Amount Short: 1 drop or less
Mid-length: 1-2 drops
Long: 2-3 drops

Start with 1 drop

Take the oil, one drop at a time, on the palm of your hand. Start with a small amount that almost seems too little, as too much oil can make the hair feel heavy. The appropriate amount differs according to hair type.

① After shampoo, towel-dry your hair.

② Take one drop of Oshima Tsubaki Oil on the palm of your hand and rub your hands together.



Tip 1 Start with 1 drop. A small amount is enough to be effective.

Tip 2 Spread the oil on the palms of your hands, fingertips, and between the fingers.

③ Comb your hands through your hair to apply a light layer overall.

Tip 3 Make sure you comb your hands through your hair. Do not concentrate the oil on one area.

Hint for applying effectively

■ Comb your hands from the inside of your hair, starting from mid-point and working downwards. Then comb your hands on the outside of your hair, focusing on the hair ends.
■ At the end, smooth down the top of your head to apply the oil that remains on your hands.

④ Blow-dry your hair.

* Evaluate the condition of your hair after blow-drying to adjust the amount of oil to use.

Damage treatment for entire hair

Oil Pack

to achieve moist, radiant
and resilient hair

Before shampoo

Frequency About twice a month

Amount Short: 15 mL (approx. 3 tsp)
Mid-length: 20 mL (approx. 4 tsp)
Long: 20-30 mL (approx. 4-6 tsp)

Adjust the frequency, amount and areas applied according to the damage and condition of your hair.

① Before shampooing, blend in

Oshima Tsubaki Oil on your hair until your hair feels moist.



* Spread on your entire hair, focusing primarily on damaged areas. Comb your hair to make sure the oil reaches all areas.

* There is no need to let it sit.

Hint for applying evenly

■ Take an appropriate amount of oil on the palm of your hand and rub your hands together. Make sure you spread the oil well, including between the fingers. Sandwich your hair between your hands and slide them down from top to bottom. This helps apply oil evenly.

② Rinse with tepid water, then wash your hair with your regular shampoo and conditioner.

* If the shampoo does not lather well, use a little more shampoo. Carefully wash the inside of your hair also.

* You only need to shampoo once.

③ Blow-dry your hair.

For hair that needs taming

Styling to achieve moist, radiant hair

Frequency Every day

Amount 1 drop or more

Start with 1 drop

Take the oil, one drop at a time, on the palm of your hand. Start with a small amount that almost seems too little. Too much oil can make the hair feel heavy. The appropriate amount differs according to hair type.

① Take 1 drop of Oshima Tsubaki Oil on the palm of your hand and rub your hands together.

② Comb your hands through your hair to apply a light layer overall.
* Start with the ends of the hair.

③ Style your hair with a brush, etc.

See ② and ③ of "No-wash Treatment" for tips.



On the scalp

Treatment for oiliness, dryness, dandruff, itchiness and unpleasant smell

Scalp Care

to create an environment
for healthy hair

Before shampoo

Oshima Tsubaki's Scalp Care regimen cleanses the scalp and regulates the balance of sebum and moisture.



Clean pore

Clogged pore

Because camellia oil contains the same substance as sebum, it blends well with sebum and dandruff on the scalp which shampoo alone cannot tackle. That is why treating the scalp with Oshima Tsubaki Oil allows impurities on the scalp to easily wash away. It also prevents dryness in the scalp caused by excessive shampooing. Oshima Tsubaki Scalp Care is great for regulating the condition of your scalp.

Frequency Once or twice a week

Amount 5-10 mL (approx. 1-2 tsp)

We recommend daily use if you are experiencing an unpleasant smell, oiliness, dryness, dandruff or itchiness.

It is convenient to pour the amount you will use into a small plate. Do not put the oil back into the container once you pour it out.

① Before shampoo, take Oshima Tsubaki Oil on your fingertips and use the pads of your fingers to blend evenly into your dry scalp.



Tip Be sure to apply the oil on the scalp, not the hair. Do not apply too much pressure, but spread gently so sufficient oil reaches all areas of the scalp.

② Let sit for about 5 minutes.

③ Rinse your hair and scalp well with tepid water.

④ Carefully wash your scalp with shampoo.

* If the shampoo does not lather well, use a little more shampoo. Carefully wash the inside of your hair also.

* You only need to shampoo once. However, you can shampoo twice if you feel your hair needs to be cleansed better.

* You may use conditioner and treatment on your hair.

⑤ Blow-dry your hair.

How to spread on the scalp

① Hairline



Spread front to back.

② Top of the head



Spread from the side upwards.

③ Right and left sides



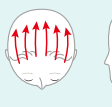
Part the hair and work from bottom upwards. Repeat several times.

④ Back of the head



Part the hair and work from bottom upwards. Do the same on the hairline at the nape.

⑤ Overall scalp



Slide your fingertips along the scalp to spread the oil evenly.

On Skin

Everyday facial care

Cleansing

to gently
wash off makeup

Frequency Every day

Amount 10-12 drops

Adjust the amount according to your skin's condition.

① With dry hands, take Oshima Tsubaki Oil on the palms of your hands and spread all over the face.

* Do not wet your hands or face before using. If they are wet, dry them first.

② Blend the oil with makeup by working in circles, starting at the inner corner of your eyes.

* For eye makeup that does not come off easily, add a little more oil and gently blend again.

③ Wipe off the oil with a tissue.

* Do not apply too much pressure on the skin.

④ Wash with face wash, rinse off, and apply your regular skincare.



Skincare after bathing

Body Treatment

to achieve moist,
soft skin

Frequency Every day

Amount Appropriate amount

① Take an appropriate amount of Oshima Tsubaki Oil on the palms of your hands.

② Gently blend into areas of your face and body that are particularly dry. Apply on the elbows, knees, and heels every day, as these become dry easily.

* We recommend applying immediately after bathing.

Camellia oil blends naturally on the skin because it contains the same substance as sebum. It is perfect for preserving moisture in the skin, as it is moisturizing, protective, and highly stable against oxidation.

Oil Pack to achieve moist, soft skin

After face wash

Frequency Once a day to once a week

Amount 5-6 drops

Adjust the amount according to your skin's condition.

① Take Oshima Tsubaki Oil on the palms of your dry hands, and spread all over your face.

* Do not wet your hands or face before using. If they are wet, dry them first.

plus
Blend the oil on your nostrils, making circles with your fingertips.

The camellia oil will blend with and soften the impurities in the pores, making them easier to wash off.

A little extra care
With a little extra care, you can also treat blackheads.

② Let sit for 5-10 minutes.

③ Wipe off the oil with a tissue, then wash with face wash.

* Do not apply too much pressure on the skin.



Caution

- Do not use on damaged skin such as cuts, swelling or rashes.
- Please carefully observe the skin's condition to make sure the oil causes no irritation.
- If the product causes redness, swelling, itchiness, stimulation, bleaching (vitiligo, etc.), darkening, or other irritation, stop use and consult a dermatologist.
- Do not use in the eyes. If the product gets in the eyes and causes irritation, please consult a specialist.
- Because it is a natural substance, there may be variations in shade. This does not affect the quality of the product.
- In cool temperatures, the product may freeze or become cloudy. To return it to its normal state, immerse the bottle in warm water (40°C or less), making sure the top is securely tightened to prevent water from entering the bottle.
- Please store in the box to preserve the quality.
- Be careful if you spill the product, as it can cause the floor to become slippery.
- When using, do not let the mouth of the bottle touch your skin, and do not put back oil that has been taken out of the bottle.
- After use, tighten the top securely.
- Be careful not to break the bottle.
- Do not store in a place accessible to infants.
- Do not store in excessively hot or cold temperatures, or in direct sunlight.

Manufactured by OSHIMATSUBAKI CORP., TOKYO, JAPAN